

PETITION PROCEDURE TO REGIONAL CHAMPIONSHIPS

AS DEFINED IN THE 2023-2024 USA GYMNASTICS WOMEN'S PROGRAM RULES AND POLICIES

All petitions to the **2024 Xcel Region 1 Gymnastics Championships**
must be e-mailed or faxed to all:

1. **GIGI IAVARONE, Regional Technical Committee Chairman:**
Gigi.RTC1@cox.net, 949-573-1654
2. **JILL PRESTON Regional Xcel Committee Chairman:**
jill@gymcats.com, 702-566-1414
3. **PERRY SIU State Administrative Committee Chairman:**
norcalchair@gmail.com, 415-899-8275, Fax 415-597-6395

Please use the subject line: Petition_StateAbbreviation_Level_Athlete'sLastName

(Example: Petition_NV_10_Smith)

State Abbreviations: AZ, NV, UT, SoCal, NorCal

Petitions must contain:

- 1) Completed, legible [Injury Petition Form](#)
- 2) Verification of qualifying score which must include:
 - a. Name of meet
 - b. Date of competition
 - c. Scores for all events (with a minimum AA=1.00 greater than the Regional Qualifying Scores, per R&P).
 - Gold – Regional Qualifying Score 34.5 + 1.00 = 35.5 needed
 - Platinum – Regional Qualifying Score 33.0 + 1.00 = 34.0 needed
 - Diamond/Sapphire – Regional Qualifying Score 32.0 + 1.00 = 33.0 needed
- 3) Licensed Medical Professional's note which must include:
 - a. Written verification of illness or injury
 - b. Date of release for return to gymnastics activity – which lists a date giving the gymnast ample time to prepare for the competition; preferably > than one week.
 - c. Signature of medical professional

WRITTEN REQUEST FROM THE COACH AND OFFICIAL RESULTS ARE DUE BY

5:00 PM, MONDAY, APRIL 8, 2024

ALL OTHER DOCUMENTS (PHYSICIAN'S NOTE) ARE DUE BY

5:00 PM, WEDNESDAY, APRIL 10, 2024

IV. General Petition Procedures USA Gymnastics XCEL Competitions

- A. Petitions may be considered for the following reasons:
 - Injury, illness or family tragedy (e.g., death, natural disaster)
- B. If an athlete is injured prior to a qualifying meet, but can compete in one, two or three events, she may compete in the qualifying meet without jeopardizing her right to petition to the next competition.
- C. The coach (or club administrator) is responsible for submitting all necessary documentation for the petition on behalf of the petitioning athlete.
- D. Entry fees for petitioned athletes should be submitted by the entry deadline. If the petition is denied, the Meet Director must refund the entry fee within three weeks.
- E. Injury Petition Forms are posted on the USA Gymnastics website under **Women's Program – Forms –Petition Forms** -<https://static.usagym.org/PDFs/Forms/Women/injury2023.pdf>
- F. Specific procedures for State, Regional competitions are in the sections for those events.

Page 72

10. Petitions to Regional Championships

- a. If qualification is by a percentage (%) or by a specific number of athletes, **THERE ARE NO PETITIONS TO XCEL REGIONAL CHAMPIONSHIPS.**
- b. If a gymnast is unable to compete at the State Championships (or cannot compete in the AA at State) due to injury or illness prior to or during State, her coach may petition the RTCC (or Regional Technical Assistant, if so designated) to allow the athlete to directly enter Regionals, if the following requirements are met AND documentation is included with the petition form:
 - 1) A photocopy of at least one pre-State, sanctioned meet results from the current season (at the division to which they are petitioning) showing a score at least one point (1.00) greater than the regional qualifying score.
 - If the gymnast competed in the same division in the previous year's Xcel Regionals and her AA score was at least one point (1.00) greater than the current Regional qualifying score, she may submit her last year's Regional score as her pre-State meet score.
 - 2) A Licensed Medical Professional's written verification of the illness or injury and date of release for return to gymnastics activity.
 - 3) Written request from the coach.
- c. If an athlete who is unable to compete at State (or cannot compete AA at State) due to injury or illness is also lacking scores from both the current and last year's season due to injuries but has previously qualified to and competed in Xcel Regionals at the same division, an injury petition for the same division may be considered under special circumstances by the RTCC and the RXCC. If necessary, the SACC, NXCC and NTCC will be consulted. The petition must include:
 - 1) A copy of the meet results must be included with the petition form. The scores from the previous Regional competition must be at least one point higher than the current Regional qualifying score for the division.
 - 2) A current video that is sent to both Regional officers.
 - 3) A Licensed Medical Professional's written verification of the illness or injury and date of release for return to gymnastics activity.

- d. The RTCC (or her/his appointee) will handle the petition, in consultation with the RXCC and the SACC. If an agreement cannot be reached, the RTCC will make the decision.
- e. **DEADLINES FOR PETITIONS TO REGIONAL CHAMPIONSHIPS:**
 - 1) Coaches must notify their RACC and their RTCC by email NO LATER THAN 5:00 pm local time the Monday following the State **Championships** of any athletes they intend to petition to their Regional meet.
 - 2) The complete Injury/Illness petition form can be found online [HERE](#). The request in writing from the coach and official results are due the Monday following the State Championships by 5:00pm local time. All other required documents (physician's note) are due the Wednesday following the State Championships by 5:00pm local time. Also send a copy to the SACC.
 - 3) The Entry form and fees must be sent directly to the Meet Director, specifically marked as "Petition pending". If the petition is denied, the RTCC will contact the Meet Director, who will refund the entry fee.
 - 4) If the gymnast was injured at the State Championships, the entry fees and form should be given to the USA Gymnastics officer who is designated to collect Regional entries at the State Championships, unless an electronic entry system is in place. (Fees will be returned within three weeks if the petition is not accepted.)
 - 5) The petitioner will be notified of the approval or denial of the petition by the RTCC a minimum of one week prior to the Regional meet.
 - 6) The RTCC will notify the Meet Director of the approval or denial of the petition.
 - 7) If a petition is accepted, but the gymnast is unable to compete, the coach must IMMEDIATELY notify both the Meet Director and the respective RTCC.

Page 77

- 2) If an athlete begins her fourth event, is injured during the routine and unable to complete her fourth event, she may petition to Regionals if her score from her first three (3) events is equal to or greater than 75% of the required petition score.

Page 64

****R1 Example: Regional Qualifying Score = 33.00. Required petition score = 34.00. The athlete must achieve a three-event score totaling 25.50.**